

Level 2 Award in Hygiene in Health and Social Care

Sample Examination Questions

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- 1** An incubation period is the time:
- A needed to completely digest food
 - B taken for bacteria to multiply on food
 - C it takes to suffer and recover from infection
 - D between contracting the infection and showing signs of the disease

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- 2** Indirect transmission of infection involves:
- A a number of stages or vehicles
 - B organisms multiplying rapidly
 - C only serious forms of the disease
 - D touching the source of the bacteria

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- 3** Which group of people are most at risk of contracting an infection when standards of hygiene are poor?
- A People who eat a balanced diet
 - B Healthy middle aged people
 - C People who are already ill
 - D Elderly people living at home

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- 4** The purpose of a risk assessment is to:
- A monitor in-house training programmes
 - B predict future staffing costs
 - C assess the likelihood of a hazard causing any harm
 - D develop the skills of people working in health and social care

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- 5** What is a benefit of implementing hygiene procedures?
- A The risk of contamination and infection are reduced
 - B There will be an increase in staff turnover
 - C Risk assessments are not necessary
 - D Staffing levels can be reduced

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- 6** How can those in our care be best protected from infection?
- A Working in the kitchen when suffering from diarrhoea
 - B Wearing the correct personal protective clothing
 - C Smoking in the designated smoking areas
 - D Wearing barrier creams for any skin disorders



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Answers
1 D 2 A 3 C 4 C 5 A 6 B