



## Think CO - Promoting Carbon Monoxide Awareness

Monday 13th May 2019

NICVA 61 Duncairn Gardens  
Belfast  
BT1 2GB

### Aims of the workshop

At the end of the morning you will have:

- A basic understanding of carbon monoxide (CO)
- Be able to identify the sources, signs and symptoms of CO poisoning
- Know a bit more about how to prevent CO poisoning
- Have begun to develop a plan to integrate CO awareness into your day to day work
- Have a chance to network

The workshop will be a mix of presentations, group work and individual activity.

### Outline programme

9.30	Registration	
9.45	Welcome and Introduction	<ul style="list-style-type: none"><li>• To the workshop and to each other</li><li>• Outline the aims of the session and the aims of the project</li></ul>
10.15	CO in a bit more detail	<ul style="list-style-type: none"><li>• Background information on CO – what it is, its dangers, the signs and symptoms</li></ul>
10.45	How to protect yourself and your client	<ul style="list-style-type: none"><li>• Introduction to how to best protect your client and yourself/your team</li></ul>
11.30	Action – applying your learning	<ul style="list-style-type: none"><li>• Ideas for your plan</li><li>• Your organisational response if CO is discovered</li></ul>
12.20	Next steps	
12.30	Thanks	

