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What is
environmental
health?
Find out more
at cieh.org/IamEH

**#Iam
Environmental
Health**


“After nearly 30 years in this career, I have never been bored. I have been genuinely delighted in my career choice.”

Theresa Fidge MCIEH CEnvH is Senior Environmental Health Officer – Food & Safety Regulatory Services at Kingston and Sutton Shared Environment Services

A woman with short dark hair, wearing a black dress and a necklace with large silver rings, is smiling and holding a tablet. In the background, an elderly woman wearing sunglasses and a patterned jacket is sitting in a wheelchair on a paved area. Other people are visible in the background, some walking. The entire image has a light blue tint.

**#Iam
Environmental
Health**

Use this hashtag on social media to see the latest posts and get involved



Environmental health relates to all of the external factors that affect human health and wellbeing, from the air we breathe to the food we eat and the water we drink.

Poor health often results from poor environments, and by helping to improve the conditions in which we live and work, EHPs make a huge difference.

Where EHPs work

Environmental health is a subject which knows no social or geographical bounds. EHPs work in all sizes and types of businesses, as employees or consultants.

These include local authorities and government departments, retailers and hotel chains, regulators and enforcement agencies, the NHS and the armed services, academia and the third sector, charities and global corporates.

Skills and expertise

EHPs need a broad skillset and an understanding of a complex range of issues. Their education, training and experience make them adept at problem-solving, working in partnership with others to seek holistic solutions.

Being able to communicate effectively with a diverse range of people, from company directors to chefs, food business operators to landlords is also an essential quality.

EHPs will learn the necessary technical disciplines during their training. Employers will support the application of this knowledge and, with CIEH, help develop the soft skills and behaviours expected of professionals.

Is a career in environmental health right for me?

For many EHPs, environmental health is a deliberate career choice. For others it is often a part of their responsibilities which becomes increasingly attractive as a career option.

It is predominantly a graduate profession, with employers requiring a minimum of a bachelor's degree, however there are now a number of potential access routes available based on your academic background, skills and experience including apprenticeships and vocational training.

Your outlook on life is also important factor when considering whether environmental health is the right choice for you. You'll need to be open-minded, approachable, flexible and influential.

Wherever environmental health takes you, you'll be doing work that is challenging and worthwhile.

Visit cieh.org/IamEH to find out more about how to start a rewarding and exciting career in environmental health.

cieh.org/IamEH



Tyler Wray MCIEH is Environmental Protection Officer at East Lindsey District Council

What do Environmental Health Practitioners (EHPs) do?

EHPs can be found in every community, working hard to keep us healthy and safe and to reduce health inequalities.

They work across a wide range of sectors and specialisms. With diverse backgrounds and experience, they are all passionate about protecting the public's health.

All EHPs have the same common goal: to protect human health by minimising risks, and eliminating dangers, in the natural and built environments.

“I love being able to do a job that makes such a positive contribution to society.”

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Sandra Moore MCIEH CEnvH
is Technical Director at Hygenisys

The core technical environmental health disciplines are:

- Environmental protection
- Food safety and integrity
- Health and safety
- Housing and communities
- Public health

Depending on their role, EHPs may be generalists, working across all areas of environmental health, or specialists with particular areas of expertise.

“I love the job satisfaction when we get results and make a difference!”

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Environmental health is a job where you can make a real contribution to society by putting people first and helping them to stay well, protecting and sustaining human health and wellbeing.

Chartered Institute of Environmental Health



Sam Lauder MCIEH CEnvH is Senior Chartered Environmental Health Practitioner at Powys County Council

Read the member stories and find out more at cieh.org/IamEH

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